

This menu is served the Weeks of: 8/6, 8/27, 9/17, 10/29, 11/19, 12/10, 1/21, 2/11, 3/4, 4/15, 5/6 & 5/27



Monday

Beef Sausage on Mini Round Bun^{PK} OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Beef Nachos w/Jalapeno Cheese & Salsa Cup^{PK} OR

BBQ Pork* Rib On Whole Grain Bun OR

Smucker's[®] Uncrustables[®] PB & J OR

Power Pack: *SunButter[®] Cup, Ranch Cheese Curds, Cheez-It[®] Crackers, Hartzels[®]*

Whole Kernel Corn^{PK} or Chili-lime Baby Carrots

Green Apple Wedges, Mandarin Orange Cup^{PK}, or Whole Fruit,

Apple or Orange Juice

Tostitos[®] ^{PK}

Tuesday

Blueberry Waffles^{PK} OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Homestyle Chicken Bites^{PK} OR

Chili w/Shredded Cheese OR

Smucker's[®] Uncrustables[®] PB & J OR

Power Pack: *Cottage Cheese, Cheddar Cheese Stick, Sun Chips[®], Ranch Oyster Crackers*

Broccoli Florets or Baby Carrots^{PK}

Fresh Pineapple Chunks^{PK}, Peach Cup, or Whole Fruit, Apple or Orange Juice

Whole Grain Cornbread^{PK}

Wednesday

Pillsbury[™] Cherry Frudel[™] ^{PK} OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit^{PK}, Apple or Orange Juice

Breaded Pork* Chop^{PK} OR

Cheeseburger on Whole Grain Bun OR

Smucker's[®] Uncrustables[®] PB & J OR

Power Pack: *Jalapeno Cheese Cup, Crispy Fava Beans, Cinnamon Crisps[®], Tostitos[®]*

Whipped Potatoes & Gravy^{PK} or Tri-color Baby Carrots

Fresh Pears, Blueberry Applesauce Cup^{PK}, or Whole Fruit, Apple or Orange Juice

Sweet Potato Roll

Thursday

Sausage* Pancake on a Stick^{PK} OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Breaded Orange Chicken & Rice Bowl OR

Cheese Pizza^{PK} OR

Smucker's[®] Uncrustables[®] PB & J OR

Power Pack: *Yoplait[™] Yogurt, Sunflower Seeds, Blueberry-lemon Crackers, Cheez-It[®] Crackers*

Kyoto Blend Vegetables^{PK} or Baby Carrots

Mango Cubes^{PK}, Strawberry-banana Applesauce Cup, or Whole Fruit, Apple or Orange Juice

Friday

Egg, Cheese & Turkey Bacon Pizza^{PK} OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried^{PK} or Whole Fruit, Apple or Orange Juice

Hot Dog on Bun^{PK} OR

Sriracha Chicken Sliders OR

Smucker's[®] Uncrustables[®] PB & J OR

Power Pack: *Classis Hummus, Mozzarella Cheese Stick, Nacho Oyster Crackers, Hartzels[®]*

Baked Beans^{PK} or Baby Carrots

Mixed Fresh Fruit^{PK}, Cinnamon Applesauce Cup, or Whole Fruit, Apple or Orange Juice

Visit the Flavor Station to customize your lunch w/Ranch, French, Hot Sauce, BBQ Sauce, Parmesan Cheese, Mrs. Dash, Ketchup, Mustard, or Salad Dressing.



All meals include choice of Milk: 1% White, Fat-free Chocolate, Fat-free Strawberry or Fat-free Vanilla
Breakfast & lunch served at no charge to all IPS students. | Breakfast served a minimum of 15 minutes prior to the school day.
Please note this menu is subject to change. | This institution is an equal opportunity provider. | *Pork Product | ^{PK}Pre-K Menu

This menu is served the Weeks of: 8/13, 9/3, 9/24, 11/5, 11/26, 12/17, 1/7, 1/28, 2/18, 3/11, 4/22, 5/13 & 6/3



Breakfast & Lunch Menus

Monday

Maple Pancake & Chicken Sausage^{PK} OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Breaded Chicken Filet on Whole Grain Bun OR

BBQ Beef Rib Sliders^{PK} OR

Smucker's[®] Uncrustables[®] PB & J OR

Power Pack: *SunButter[®] Cup, Ranch Cheese Curds, Cheez-It[®] Crackers, Heartzels[®]*

Green Peas or Baby Carrots^{PK}

Orange Wedges, Peach Cup^{PK}, or Whole Fruit, Apple or Orange Juice

Tuesday

Apple Cinnamon Texas Toast^{PK} OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Baked Ravioli & Meatballs w/Marinara Sauce^{PK} OR

Turkey Ham & Cheese Sub OR

Smucker's[®] Uncrustables[®] PB & J OR

Power Pack: *Cottage Cheese, Cheddar Cheese Stick, Sun Chips[®], Ranch Oyster Crackers*

Seasoned Green Beans^{PK} or Baby Carrots

Strawberry Cup, Mandarin Orange Cup^{PK}, or Whole Fruit, Apple or Orange Juice
Cheese-stuffed Breadstick

Wednesday

Sausage, Egg & Cheese Sliders^{PK} OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Chicken Tenders^{PK} OR

Breaded Fish w/Tartar Sauce OR

Smucker's[®] Uncrustables[®] PB & J OR

Power Pack: *Jalapeno Cheese Cup, Crispy Fava Beans, Cinnamon Crisps[®], Tostitos[®]*

Broccoli Florets^{PK} or Chili-lime Baby Carrots

Red Seedless Grapes^{PK}, Blueberry Applesauce Cup, or Whole Fruit, Apple or Orange Juice
Whole Grain Pretzel

Thursday

PillsburyTM Maple Waffles^{PK} OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit^{PK}, Apple or Orange Juice

Mini Chicken Corn Dogs^{PK} OR

Pepperjack Cheeseburger Sliders OR

Smucker's[®] Uncrustables[®] PB & J OR

Power Pack: *YoplaitTM Yogurt, Sunflower Seeds, Blueberry-lemon Crackers, Cheez-It[®] Crackers*

Baked Beans^{PK} or Tri-Color Baby Carrots

Fresh Pineapple Chunks^{PK}, Mixed Fruit Cup, or Whole Fruit, Apple or Orange Juice

Friday

Sausage & Cheese on Mini Bagel^{PK} OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried^{PK} or Whole Fruit, Apple or Orange Juice

Philly Beef & Cheese Flatbread Sandwich OR

Pepperoni Pizza^{PK} OR

Smucker's[®] Uncrustables[®] PB & J OR

Power Pack: *Classic Hummus, Mozzarella Cheese Stick, Nacho Oyster Crackers, Heartzels[®]*

Roasted Potatoes^{PK} or Baby Carrots

Mixed Fresh Fruit^{PK}, Strawberry-banana Applesauce, or Whole Fruit,
Apple or Orange Juice

Visit the Flavor Station to customize your lunch w/Ranch, French, Hot Sauce, BBQ Sauce, Parmesan Cheese, Mrs. Dash, Ketchup, Mustard, or Salad Dressing.



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Breakfast & Lunch Menus

Monday

Sausage* Pancake on a Stick^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Mozzarella Stuffed Breadsticks w/Marinara Sauce OR
Chicken Soft Taco^{PK} OR
Smucker's[®] Uncrustables[®] PB & J OR
Power Pack: *SunButter[®] Cup, Ranch Cheese Curds, Cheez-It[®] Crackers, Heartzels[®]*
Whole Kernel Corn^{PK} or Chili-lime Baby Carrots
Strawberry Cup^{PK}, Cinnamon Applesauce Cup, or Whole Fruit,
Apple or Orange Juice

Tuesday

Turkey Ham & Cheese on Hawaiian Roll^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Chicken-cheddar Burrito Rice Bowl OR
Cheeseburger Sliders^{PK} OR
Smucker's[®] Uncrustables[®] PB & J OR
Power Pack: *Cottage Cheese, Cheddar Cheese Stick, Sun Chips[®], Ranch Oyster Crackers*
Taco Fiesta Black Beans^{PK} or Baby Carrots
Red Apples Slices^{PK}, Peach Cup, or Whole Fruit, Apple or Orange Juice

Wednesday

Strawberry Bagelful^{® PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried^{PK} or Whole Fruit, Apple or Orange Juice

Sausage* Links & French Toast Sticks w/Syrup OR
Grilled Cheese Sandwich^{PK} OR
Smucker's[®] Uncrustables[®] PB & J OR
Power Pack: *Jalapeno Cheese Cup, Crispy Fava Beans, Cinnamon Crisps[®], Tostitos[®]*
Hash Brown Potato Rounds or Baby Carrots^{PK}
Orange Wedges, Mixed Fruit Cup^{PK}, or Whole Fruit, Apple or Orange Juice
Banana Muffin

Thursday

Chicken Sausage on Biscuit^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit^{PK}, Apple or Orange Juice

Honey Sriracha Boneless Wings OR
Spaghetti w/Meat Sauce Bowl^{PK} OR
Smucker's[®] Uncrustables[®] PB & J OR
Power Pack: *YoplaitTM Yogurt, Sunflower Seeds, Blueberry-lemon Crackers, Cheez-It[®] Crackers*
Broccoli Florets^{PK} or Tri-Colored Baby Carrots
Fresh Pineapple & Grapes^{PK}, Strawberry-banana Applesauce Cup, or Whole Fruit,
Apple or Orange Juice
Cheese Stuffed Breadstick

Friday

PillsburyTM Mini Cinnis^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Hamburger on a Whole Grain Bun^{PK} OR
Stuffed Pepperoni Sandwich OR
Smucker's[®] Uncrustables[®] PB & J OR
Power Pack: *Classic Hummus, Mozzarella Cheese Stick, Nacho Oyster Crackers, Heartzels[®]*
Lettuce, Tomato Slices & Pickle Chips^{PK} or Baby Carrots
Fresh Melon^{PK}, Mandarin Orange Cup, or Whole Fruit, Apple or Orange Juice

Visit the Flavor Station to customize your lunch w/Ranch, French, Hot Sauce, BBQ Sauce, Parmesan Cheese, Mrs. Dash, Ketchup, Mustard, or Salad Dressing.



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